**Unit 10: Health and hygiene**

**I. Vocabulary**

1. Appoint (v) = choose/arrange – appointment (n)

2. Dentist (n) – dental (a)

3. Fill (v) – filling (n)

4. Help (v/n) - helpful (a) >< helpless (a)

5. Pain (n) – painful (a)

6. Scare (v) – scared (a) = frightened/afraid – scary (a) = frightening

7. Sensible (a) – sensibly (adv)

8. Strange (a) – stranger (n)

9. Surgery (n) – surgeon (n)

10. Hope (v/n) – hopeful (a) + ly (adv) >< hopeless (a) + ly (adv)

**Exercise** : Use the correct form of the word given in each sentence.

1. I am having an……..….with the dentist this morning. (appoint)
2. Ba’s tooth ache. He needs a……………….checkup. (dentist)
3. Two of my teeth needs …………………….. (fill)
4. I find this book very…………… (help)
5. We are unable to do anything in this case. It’s ……. (help)
6. He felt less……..after the dentist fixed his tooth. (pain)
7. To keep fit, you should eat ………... (sensible)
8. It’s probably dangerous to talk to a………. (strange)
9. A …....is a doctor who perfoms medical operations. (surgery)
10. She is very ……...about the future. (hope)
11. There is no treatment for this illness. It’s……….. (hope)
12. …………, everything will be better for you. (hope)

**II. Grammar**

**1. The past simple tense**

**a. To be: - was/were**

**b. Ordinary verbs: go, live, like, watch,…………………..**

**(+) S + Ved/ V (Cột 2)………**

**(-) S + didn’t (did not) + V( bare) ………………**

**(?) Did + S + V( bare) ………..?**

**(Wh) Wh-word + did + S + V( bare) ………..?**

*Cách nhận biết:*

*-* Yesterday, a few minutes/two days/four years ….ago, in 2000, last (last week, last month, last Sunday…), in the past, in 19th century, in 18th century, …

- **When** I was a boy/ a child/ 5 years.

**2. What’s the matter with + O (Ba/ you/him/her/us/them..)?**

= What’s wrong with…?

- Have a toothache/ a headache/ a backache/ a stomachache..

- Have a pain in…….

**3. Hurt (v) = ache**

Ex: My eyes hurt./ Her head aches.

He hurt his back when He fell off the stairs.

**4. Why? – Because……(Reason – Lí do)**

Why + (Be) + S ……. ? Because + S + (V)……………

do/does/did/will + S + V bare?

I. FIND THE ONE CHOICE THAT BEST COMPLETE THE SENTENCE

1. \_\_\_\_\_\_\_\_\_\_\_did you go the hospital last month ? Because I had an accident.  
    a. when b. what c. why d. who
2. You shouldn’t eat too much sweet things \_\_\_\_\_\_\_\_\_\_\_\_it’s not good for your teeth.  
    a. because b. because of c. and d. but
3. I was really happy \_\_\_\_\_\_\_\_\_\_\_\_Mark again yesterday.

a. see b. to see c. seeing d. to seeing

1. I \_\_\_\_\_\_\_\_\_\_\_\_\_to see you tomorrow.  
    a. enjoy b. know c. hope d. think
2. He is bad \_\_\_\_\_\_\_\_\_\_\_\_\_\_History.  
    a. in b. at c. on d. to
3. Her mother wanted her \_\_\_\_\_\_\_\_\_\_\_\_\_\_early every morning.  
    a. to get b. to gets c. getting d. get
4. I think you don’t have to worry \_\_\_\_\_\_\_\_\_\_\_\_\_ that.  
    a. of b. to c. for d. about
5. The dentist smiled \_\_\_\_\_\_\_\_\_\_\_\_him kindly.  
    a. with b. at c. to d. on
6. I have a toothache , so I am going to the \_\_\_\_\_\_\_\_\_\_\_\_.  
    a. nurse b. hairdresser c. farmer d. dentist
7. I am always **nervous** before the test.  
    a. worried b. worrying c. pleased d. glad
8. Children are \_\_\_\_\_\_\_\_\_\_\_\_of seeing the doctor.  
    a. afraid b. scared c. worried d. a&b are correct
9. How about going to the movies this weekend ? - That’s \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_great.  
    a. feels b. listens c. sounds d. hears
10. Milk is good \_\_\_\_\_\_\_\_\_\_\_\_your health.  
     a. at b. to c. for d. with
11. Clean teeth \_\_\_\_\_\_\_\_\_\_\_healthy teeth.  
     a. is b. are c. was d. being
12. Why \_\_\_\_\_\_\_\_\_\_\_she go to the party last Sunday ? Because she was busy.  
     a. doesn’t b. isn’t c. did d. didn’t
13. Sometimes I \_\_\_\_\_\_\_\_\_\_\_my own washing and ironing.  
     a. do b. did c. am doing d. am going to do
14. Linh absent \_\_\_\_\_\_\_\_\_\_\_the meeting today because she is unwell.  
     a. for b. from c. at d. with
15. She looks tired . What’s the \_\_\_\_\_\_\_\_\_\_\_\_\_with her ?  
     a. wrong b. right c. happen d. matter
16. Don’t laugh \_\_\_\_\_\_\_\_\_\_\_someone’s mistakes.  
     a. in b. at c. to d. for
17. \_\_\_\_\_\_\_\_\_\_\_\_\_\_do you tidy your room ? \_ Three times a week.  
     a. how often b. how many c. how much d. how far

II. SUPPLY THE CORRECT FORM OF THE WORDS

1. What do most \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_feel when they go to the dentist ? (child)
2. Your aunt is so busy now , so do your own \_\_\_\_\_\_\_\_\_\_and \_\_\_\_\_\_\_\_\_\_\_( wash / iron)
3. Hoa looks \_\_\_\_\_\_\_\_\_\_\_\_\_\_ again . What’s the matter with her ? (worry)
4. Mrs. Loan is very \_\_\_\_\_\_\_\_\_\_. She always gives money , food and aid for the poor people. (help)
5. The teacher emphasized the \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_of learning English ( important).
6. There were forty \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_in the orchestra last night (music).
7. Guitar is one of the \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_instruments (music).
8. Children sometimes behave \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_toward adults (bad).
9. In \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_with other countries in the region, Vietnam is a poor country. (compare)
10. I don’t think guns are \_\_\_\_\_\_\_\_\_\_\_\_\_\_toys for young children (suit)
11. My father earns \_\_\_\_\_\_\_\_\_\_\_\_\_than my uncle (little).
12. I am really \_\_\_\_\_\_\_\_\_\_\_\_with your work this term (please)
13. Lan always gets \_\_\_\_\_\_\_\_\_\_\_\_\_before the exam (nerve)
14. She has an \_\_\_\_\_\_\_\_\_\_\_\_with her customers (appoint)
15. My teacher gave several \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_suggestions (use)

III. MATCHING :

|  |  |  |
| --- | --- | --- |
| A |  | B |
| 1. Why don’t we eat too much candy ? |  | 1. Wash my face and brush my teeth. |
| 1. What’s the matter ? |  | 1. A white blouse |
| 1. What is the first thing you do in the morning? |  | 1. Instead of taking a bus. |
| 1. I’m hungry now |  | 1. I didn’t eat enough this morning |
| 1. What do his parents want him to do ? |  | 1. It stops hurting afterwards. |
| 1. What does a doctor wear to work ? |  | 1. I have a stomachache. |
| 1. Who ate all the biscuits ? |  | 1. Before meals |
| 1. Ann went to school on foot yesterday |  | 1. Lan did |
| 1. How do you feel now ? |  | 1. Because they are not good for us |
| 1. Remember to wash your hands |  | 1. They want him to study harder |

IV. SUPPLY THE CORRECT TENSE OF THE VERBS.

1. Six months (not be)\_\_\_\_\_\_\_\_\_\_\_ a long time to study a foreign language.
2. He (tell) \_\_\_\_\_\_\_\_\_the news to everyone in her class two days ago.
3. Tam & Hung (play)\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_tennis now.
4. We should (protect)\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_the environment.
5. She (have)\_\_\_\_\_\_\_\_\_\_\_\_\_\_two brothers.
6. Loan (go) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_to the concert yesterday evening.
7. I (have)\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ an hour test next week.
8. I (have)\_\_\_\_\_\_\_an hour test last week.
9. Huy (not do) \_\_\_\_\_\_\_\_the assignment four days ago.
10. Did you (study)\_\_\_\_\_\_\_French? No, I didn’t . I (study)\_\_\_\_\_\_\_Spanish.
11. We want her (do)\_\_\_\_\_\_exercises regularly.

V. READ THE PASSAGE THEN DECIDE IF THE STATEMENTS THAT FOLLOW ARE TRUE OR FALSE.

Teeth are very important to all of us. We use our teeth to chew food. Although we were born without teeth, humans have to sets of teeth: The milk teeth and the permanent teeth. The milk teeth start growing at the age of six months . They normally fall off when a child is twelve. The permanent teeth grow and they last for a long time.

We must take good care of our permanent teeth . We have to brush our teeth at least twice a day and visit the dentist at least twice a year. We also have to use a good toothbrush and toothpaste.

TRUE FALSE

1. Food are chewed by teeth. \_\_\_\_\_ \_\_\_\_\_\_
2. All of us have teeth when we were born. \_\_\_\_\_ \_\_\_\_\_\_
3. We have milk teeth as soon as we were born. \_\_\_\_\_ \_\_\_\_\_\_
4. The milk teeth last for six months then they fall off \_\_\_\_\_ \_\_\_\_\_\_
5. Brushing teeth is unnecessary . \_\_\_\_\_ \_\_\_\_\_\_
6. Going to the dentist twice every year is advisable. \_\_\_\_\_ \_\_\_\_\_\_
7. We need not only a good toothbrush but also a good toothpaste. \_\_\_\_\_ \_\_\_\_\_\_

VI. CHOOSE THE WORD (A , B ,C or D ) THAT BEST FITS EACH OF THE BLANK SPACE.

Hoa received a letter from her Mom last week . Her (64)\_\_\_\_\_\_\_\_\_\_\_\_\_were both fine. They were working hard(65)\_\_\_\_\_\_\_\_\_\_\_\_their fields because it was nearly (66)\_\_\_\_\_\_\_\_\_\_\_\_time. Her grandfather often worked with them. Her family was happy ( 67)\_\_\_\_\_\_\_\_\_\_\_\_that she was taking morning (68)\_\_\_\_\_\_\_\_\_\_\_. They thought it was good for her health. Her mom hoped to visit Hoa in Hanoi after the harvest.

1. a. family b. parents c. friends d. sisters
2. a. in b. at c. on d. ⮾
3. a. end b. rice c. vegetables d. harvest
4. a. hear b. to hear c. hearing d. to hearing
5. a. homework b. housework c. tests d. exercises

VII. PUT THE VERBS INTO THE COLUMN ACCORDING TO THE NEDING SOUND

Brushed , combed, stopped, changed, filled, fitted, ironed, touched, decided, rented, looked, laughed, needed, talked, showered , earned, used , collected, planted , helped, played , stayed , preferred

|  |  |  |
| --- | --- | --- |
| / ID / | / T/ | /D / |
|  |  |  |

VIII. COMPLETE THE OPENED DIALOGUE

Nam : (65)\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_?

Minh : I had a serious toothache . It was terrible.

Nam : Oh, really ? (66)\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_?

Minh : Yes , I did . I went to the dentist yesterday.

Nam : (67)\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_--\_\_?

Minh : I had a big cavity in my tooth, it hurt me .

Nam : What did the dentist do ?

Minh : (68)\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_. Because she couldn’t fill it .

Nam : (69)\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_?

Minh: I felt a lot of better after she took it off .

IX. FILL IN THE BLANKS WITH CORRECT PREPOSITIONS

1. Thousands \_\_\_\_\_\_\_\_\_\_\_school boys and girls are gathering \_\_\_\_\_school yard and \_\_\_\_\_\_\_\_\_front \_\_\_\_\_\_\_\_\_the school gate.
2. My mother is afraid \_\_\_\_\_\_\_\_\_\_\_\_crossing the street , so I often go \_\_\_\_\_\_\_\_\_\_her.
3. He is waiting \_\_\_\_\_\_\_\_\_\_\_\_us at the bus stop.
4. Dung was ill with flu \_\_\_\_\_\_\_\_\_\_two days.
5. We go to primary school \_\_\_\_\_\_\_\_\_\_the age of six.
6. My aunt tells me a lot \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_you.
7. I know how to take care \_\_\_\_\_\_\_\_\_\_\_\_\_myself.
8. The dentist filled the cavity \_\_\_\_\_\_\_\_\_\_\_\_\_my tooth.
9. What time do you often go \_\_\_\_\_\_\_\_\_\_\_bed ?
10. Find it \_\_\_\_\_\_\_\_\_the back of the room.
11. \_\_\_\_\_\_\_\_\_\_\_\_the end we set off at 10.30am.
12. \_\_\_\_\_\_\_\_\_\_\_the end of this month we will have Tet holiday.

X. MAKE SENTENCES WITH THE WORDS GIVEN

1. She / be / afraid / of / be / late / for / school .

1. Don’t / forget / brush / your / teeth / bedtime /, / Nghia.

1. We / decide / stay / at / home / last / summer / vacation .

1. I / be / happy / get / a / pretty / gift / from / my / father .

1. My / aunt / be / clever / raise / animals .

1. I / not / do / my homework / Monday.  
   \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
2. Where / you / go / your friends / 4 days ago ?  
   \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
3. Are you / scared / see / the dentist ?  
   \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.
4. Don’t / stop / me / do / what / I / want / do .  
   \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.
5. How long / it / take / you / paint / the gate / yesterday ?  
   \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

END OF THE EXERCISE