

ĐỀ CƯƠNG ÔN KT LẠI (2021-2022) - K7

I. PRONUNCIATION:

A. Choose the word whose underlined part is pronounced differently from the other:

- | | | | |
|-------------------------|---------------------|---------------------|---------------------|
| 1. A. allowed <u>ed</u> | B. stoppe <u>d</u> | C. watche <u>d</u> | D. fixe <u>d</u> |
| 2. A. visite <u>d</u> | B. laughe <u>d</u> | C. plante <u>d</u> | D. neede <u>d</u> |
| 3. A. misse <u>s</u> | B. washe <u>s</u> | C. fixe <u>s</u> | D. studie <u>s</u> |
| 4. A. month <u>s</u> | B. student <u>s</u> | C. book <u>s</u> | D. erase <u>s</u> |
| 5. A. variety | B. wine | C. materia <u>l</u> | D. nice |
| 6. A. doo <u>r</u> | B. loo <u>k</u> | C. boo <u>k</u> | D. coo <u>k</u> |
| 7. A. tea <u>ch</u> er | B. <u>ch</u> ildren | C. <u>sch</u> ool | D. spin <u>a</u> ch |
| 8. A. mea <u>t</u> | B. pea <u>t</u> | C. hea <u>l</u> th | D. ea <u>t</u> |

B. Choose the word whose main stress pattern is not the same as that of the others:

- | | | | |
|------------------|----------------|--------------|----------------|
| 1. A. cartoon | B. contest | C. perform | D. adventure |
| 2. A. detective | B. contestant | C. invention | D. character |
| 3. A. activity | B. participant | C. volunteer | D. expensive |
| 4. A. easy | B. increase | C. motorbike | D. district |
| 5. A. popular | B. camera | C. water | D. opportunity |
| 6. A. vegetables | B. spinach | C. cucumber | D. papaya |
| 7. A. affect | B. market | C. balanced | D. either |
| 8. A. forget | B. advantage | C. dairy | D. amount |

II. MULTIPLE CHOICE:

- Do you know _____ to cook vegetables well?
A. what B. how C. why D. where
- Mike should _____ some food every day.
A. eats B. eat C. eating D. ate
- She left without _____ goodbye.
A. say B. to say C. saying D. A&B
- She _____ her teeth three times a day.
A. brushes B. brush C. brushing D. brushed
- Everybody wished _____ this activity.
A. keep B. to keep C. keeping D. to keeping
- Lan wants Hoa _____ TV before dinner.
A. to watch B. watching C. watch D. watches
- What _____ your father _____ last night?
A. does/do B. did/do C. do/do D. is/Ø
- I _____ animated cartoon with my friends next Sunday.
A. see B. saw C. am going to see D. am seeing
- Few people _____ TV sets thirty years ago.
A. had B. have C. has D. did have
- She _____ the beef into thin strips.
A. made B. heated C. sliced D. cut
- _____ is a good sport activity.
A. Walk B. Walking C. Walker D. Walks
- _____ do you like?
A. What of kind programs B. What kinds of programs
C. Which of kinds programs D. What programs of kinds
- Does Minh like to take part in our club ?
A. play B. participate C. join D. Both B&C are correct

14. _____ is a person who rides a bicycle.
A. Scientist B. Cyclist C. Member D. Typist
15. The number of participants _____ every week.
A. increase B. increases C. is increasing D. are increase
16. They didn't like pork. _____.
A. So does Nam B. Nam didn't either C. Neither did Nam D. B & C are correct
17. _____ are foreign series such as Sherlock Holmes.
A. exports B. imports C. viewers D. contest programs
18. In some contests, TV _____ can join in and answer questions through telephone.
A. viewers B. spectators C. audience D. contestants
19. Nam has to finish this exercise this evening.
A. must B. can C. should D. will
20. He wasn't busy yesterday and his sister was not _____.
A. neither B. so C. too D. either
21. Hoa added a little salt _____ the soup.
A. to B. for C. at D. with
22. The special sauce is made _____ chili, sugar, and fish sauce.
A. from B. for C. to D. in
23. Walking is a good sports activity. It makes us _____.
A. health B. healthy C. healthily D. unhealthy
24. Would you like to drink orange juice, Mary? - _____.
A. I'd love to B. Yes, I do C. No, I don't D. I wouldn't
25. His uncle is a _____ football player.
A. Skill B. skillful C. skillfully D. B & C are correct
26. A: "Would you like to go to the movies theater tomorrow?" - B: "_____"
A. Yes, please. B. It's nice of you to say so.
C. I hope so. D. That sounds good.
27. - A: "_____ to see a thriller movie tonight?" B: Yes, I do.
A. Do you like B. Would you like C. What about D. Let's
28. A: "_____ " - B: "War movies"
A. What kind of movies do you like to see? B. What do you like to see movies?
C. What movies do you see? D. Do you like to see war movies
29. A balanced diet is good _____ our health.
A. to B. for C. from D. at
30. Mike Shouldn't eat _____ fast food because it's not healthy.
A. too many B. too much C. less D. fewer
31. _____ do you brush your teeth? - Twice a day.
A. How B. How often C. How long D. How much
32. He gets up early in the morning to _____ exercises.
A. make B. do C. take D. B and C are correct
33. Where _____ after work yesterday?
A. you go B. you did go C. you went D. did you go
34. You _____ wash your hands before and after meals.
A. should B. shouldn't C. ought to D. A & C are correct
35. A: "_____ " B: "I'm sorry. I don't think I can. I have to go now."
A. Come and play chess, Minh. B. Can I go to the movies, Mom?
C. What sport do you like best? D. Do you like swimming, Minh?
36. A balanced diet and exercise are the keys _____ a healthy lifestyle.
A. of B. for C. to D. in

III. CAUTION SIGNS – WARNINGS:

1/What does this sign mean?

- A. You should stay away from these food.
- B. You can't eat these food when you're on a diet.
- C. Vegetables are only good for pregnant.
- D. You should have vegetables every day.



2/What does this sign mean?

- A. Salad is good for everyone.
- B. Only overweight people need this kind of food.
- C. People have to eat salad.
- D. Salad is not good for health.



3/What does this sign mean?

- A. You should drink 2 liters of water everyday.
- B. You should avoid drinking much water.
- C. You only need to drink water after meals.
- D. Coke helps you become healthier.



4/What does this sign mean?

- A. You should wash your hands before and after meals.
- B. You can't make your hands brighter and whiter.
- C. You ought to hold your hands together.
- D. You mustn't stop washing up.



5. What does this sign say?



- A. No fishing
- B. No diving
- C. No swimming
- D. No surfing

6. What does the sign say?



- A. No sailing.
- B. No diving.
- C. No jumping.
- D. No catching fish here.

7. What does this sign mean?





- A. Drinking water.
- B. Washing water.
- C. Wash your hands.
- D. Water not for drinking.

8. What does this sign mean?



- A. No skydiving
- B. No parasailing
- C. No boating
- D. No cycling

<p>9. What does this sign mean?</p> 	<p>A. No scuba-diving. B. No yachting. C. No skiing. D. No surfing.</p>
<p>10. What does this sign say?</p> 	<p>A. Rest room B. There is a lounge near here C. People can watch TV D. Turn left to the waiting room TV</p>

IV. CLOZE TEST:

Exercise 1:

But – kind – therefore – what – to speak – in – treatment – of

Teeth are important for chewing food and talking. Without teeth, we should be able to eat only soft food. It would also be hard for us (1) _____ without teeth. (2) _____, we should look after our teeth. The food (3) _____ we eat can affect our teeth. Too much sugar can make acid. The acid begins to eat away the teeth. Cavities in the teeth are holes made by acid. Children love cola drinks. One can of cola has ten teaspoons of sugar. We should avoid this (4) _____ of food with lots of sugar. Another way we can look after our teeth is by cleaning them. The teeth should be brushed at least twice a day. Also, we must give our teeth special (5) _____ by visiting the dentist. The dentist can look after cavities (6) _____ our teeth.

Exercise 2:

unable – most – into – lose – for – skipping – energy – gain

Breakfast is the (1) _____ important meal of the day. It provides the nutrients your body needs for good health, the calories it needs for (2) _____ and helps to maintain your blood sugar level. Studies have shown that people who don't have breakfast have a low blood sugar level and are often slow, tired, hungry and (3) _____ to concentrate. Surprisingly, breakfast actually plays a part in weight control. It's easier to (4) _____ weight if you eat in the morning rather than later in the day. Dividing the day's calories (5) _____ three meals helps take off weight more efficiently than (6) _____ breakfast and having two larger meals a day does.

Exercise 3:

participants – or – walking – take – members – for – with – activity

At my school there are different sports activities but I only (1) _____ part in one club called "Walking For Fun" or WFF. Last year there was a district walking competition (2) _____ school children and my school team won the first prize. Everybody was so happy and wished to keep this activity, therefore, we organized this club. The number of (3) _____ increases every week. The regular activity is a 5 km walk to the beach on Sunday morning. Another activity is a walk-to-school day (or WTS day). (4) _____ near school volunteer to take a walk instead of taking motorbike (5) _____ bicycle trips every Wednesday. (6) _____ is a fun, easy and inexpensive activity, all people of all ages and abilities can enjoy it.

Exercise 4:

latest – viewers – audience – oldest – fans – contestants – foreign – cheaply

Pop music

Pop music, or pop, is the short form of popular music. Pop music is for a broad (1) _____. Teenagers like to listen to the (2) _____ pop music and see the shows of their favorite artists. Usually, bands and singers perform their latest songs on TV

Contests

Contests are very popular TV programs. There are contests of knowledge, contests of folk music, games, sports and so on. The (3) _____ are students, workers, or family members. In some contests, TV (4) _____ can join in and answer questions through telephone or by mail

Imports

Imports are (5) _____ series such as Sherlock Holmes. Most imports include police and hospital series. TV stations all over the world show these programs because they can buy them (6) _____.

V. READING COMPREHENSION:

Passage 1:

It's important for people to eat as much as they need to give them energy. If they eat too little food or the wrong food they won't have enough energy. If they eat too much, they will need to make more exercise; otherwise they will put on weight. When we eat the correct quantity of food for the exercise we take, we call this the energy balance.

Fat is very high in calories, and so is no help at all in keeping energy balance. Fat has also been linked with heart disease, and many experts believe that eating less would help to reduce **it**

Sugar isn't good for the energy balance either. The only value of the diet is to provide energy, and you can get that from other foods. There's no doubt that too much sugar makes you fat and it doesn't do your teeth much good either.

Fibre, on the other hand is something that we eat too little of. One of the simplest ways of eating more fibre is to eat more bread, particularly whole meal, granary, or high fibre bread. It's a good, cheap source of fibre and nutrients without too many calories. Potatoes are good, too. Like bread, they are underrated, but they're excellent for filling you up without making you fat, especially if you don't cover them with butter or fry them in fat.

So eat less fatty food (sweets, chocolate, cakes pudding, jam) and eat more fibre foods (bread, potatoes, pasta, fresh fruit and vegetables).

True or False?

- | | |
|---|----------|
| 1. People won't need to make exercise if they eat too much. | 1. _____ |
| 2. When people eat too much they put on weight | 2. _____ |
| 3. Eating less fat would cause heart attacks | 3. _____ |
| 4. Sugar provides energy, but it causes obesity | 4. _____ |

Questions:

5. What does the word "**it**" mean?
- | | | | |
|--------|-------------------|-----------|------------------|
| A. Fat | B. Energy balance | C. Expert | D. Heart disease |
|--------|-------------------|-----------|------------------|
6. The passage is about.....
- | | |
|---------------------------|---------------------------|
| A. Eating less fatty food | C. Need to do exercise |
| B. Eating healthy food | D. Eating more fibre food |

Passage 2:

Summer is on its way and schools in our city start planning to improve water safety awareness for children. The aim of the program is to teach **primary** and secondary students about water safety. Following are some of the advice every kid should clearly remember.

You should carefully listen to the pool lifeguards, play safely and stay away from the deep end; and you should not run or walk carelessly around the pool edge. You should always swim with an adult and between the red and yellow flags. You should also listen to lifeguards and strictly obey all signs.

Swimming can be fun but accidents can happen. Being aware of the risks is the safe way to water play.

- | | |
|--|----------|
| 1. Schools start to improve water safety awareness for children. | 1. _____ |
| 2. You shouldn't play safely under water. | 2. _____ |
| 3. You ought to listen to the lifeguards and all signs. | 3. _____ |
| 4. Accidents never happen when playing in the water. | 4. _____ |
| 5. The word " primary " is closest in meaning to: | |

A. high school B. college C. university D. elementary

6. What is the main idea of this text?

- A. How to keep safe in the water. C. Listen to the lifeguards.
B. Stay away from water. D. Swimming is fun.

Passage 3

Read the passage and decide whether the following statements are TRUE or FALSE.

Information about what happens in the world comes to us in many ways. Television and radio are two important ways of the news. They get the news out faster than the newspapers and magazines, and they don't have to be read. Television and radio stations broadcast the news several times each day. In America, there are the news programmes every hour. People can choose the favourite TV programmes, such as sports, films, fashion, news, etc. People who cannot read get the news from television or radio easily.

1. There are only two ways of getting the news. 1. _____
2. Television and radio get the news faster than other ways. 2. _____
3. Television stations broadcast the news several times each day. 3. _____
4. People cannot choose the TV programmes that they like. 4. _____

Read the passage, and mark the letter A, B, C or D on your answer sheet to indicate the correct answer to each of the question from 5 to 6

5. What is the main idea of the passage ? 5. _____
A. Television is an interesting invention. B. The important part of Television and radio
C. The effects of television on young children D. TV and its benefits
6. Which of these words has the same meaning with “**broadcast**”? 6. _____
A. to do a research B. to create programmes
C. To sent out programmes D. To achieve success

Passage 4

Yoga originates in India and it is good for both your body and mind. Anyone can do yoga – women or men, adults or children. Special children's classes are devised to help them to cope with pressures they feel from their schoolwork. By learning how to co-ordinate breathing and movement, yoga helps them to develop body awareness, self-control, and flexibility. Taking up yoga also helps them to focus and become better with daily routines. Start doing yoga by setting aside a regular time for it. Go slowly, listen to your body and don't push it too far as yoga is not a competitive sport. Study each pose and practise it as you control your body and mind. Prepare well before each session: avoid tight clothing and a full stomach. An ideal time to do yoga is before breakfast.

1. Yoga comes from in India 1. _____
2. Neither adults nor children can do yoga 2. _____
3. You learn how to co-ordinate breathing and movement when you do yoga 3. _____
4. You should avoid tight clothing and an empty stomach when doing yoga 4. _____

♦ Read the passage, and mark the letter A, B, C or D on your answer sheet to indicate the correct answer to each of the question from 5 to 6

5. What is the main idea of the passage? 5. _____
A. Yoga is an interesting and fast activity B. You can learn a lot from doing Yoga
C. The Benefits of Yoga D. Doing Yoga is one of the author's interests
6. Which word has the same meaning with “**competitive**”? 6. _____
A. flexible B. rival C. major D. collective

V. WORD FORM:

1. The number of increases every week at his school club. (participate)
2. Jacques Cousteau was an of a deep - sea diving vessel. (invent)
3. We encourage students to in the English speaking contest (participant)
4. When swimming, we should listen to the pool lifeguards..... (careful)

5. There was a goodof vegetables on the stall .(select)
6. We should eat aamount of fatty food and sugar. (moderation)
7. The dishwasher is a wonderful (invent)
- 8.You should join in diffent outdoor such as swimming, running and hiking. (act)
- 9.We must remember to eat (sensible)
- 10.Vegetables often have from the farm on them. (dirty)
- 11 is very important. (moderate)
12. You should eat, exercise regularly, and keep up your social life. (health)

VI. TRANSFORMATION:

1. She likes listening to music more than playing games.
→**She prefers**
2. They prefer going shopping to playing volleyball.
→ **They like**.....
3. You shouldn't stay up late, It's bad for your health.
→**You ought**
4. We must learn our lessons carefully before tests.
→**We have**
5. What about going fishing this weekend?
→**Why don't**
6. Why don't you turn on the TV for the football match?
→ **Would you like**
7. Both Nam and his parents weren't at home last night.
→ **Nam wasn't**
8. Nam didn't come to the party last night and Minh didn't, either
→ **Nam didn't**.....
9. My father forgot to turn off the lights and I did, too.
→ **My father didn't**.....
10. Let's put the luggage under the seat?
→ **Why don't**.....
11. These children study very well.
→ **These children are**
12. They are very good soccer players.
→**They**.....
13. He swims very skillfully
→**He is**.....
14. Her friend is a careful cyclist.
→**Her friend**
15. What about going to the arcade after school?
→ **Would you like**

VII. SENTENCE REARRANGEMENT:

1. teenagers in the USA/ surprising results/ had some/ a recent survey of/ ./
→A recent survey of.....
2. the program is/ and secondary students/ to teach primary/ the aim of / about water safety/ ./
→The aim of
3. Nam do/ play table tennis/ before he/ What should/ ?/
→ What should
4. a good time/ to the beach/ let's go/ and have/ ./
→Let's.....
5. I don't like/ my mother/ and neither/ does/ cucumbers/ ./
→I
6. and after meals/ carefully/ you ought to/ wash your hands/ before/ ./

→You

7. like meat/ eat/ and dairy products/ some body – building foods,/ ./

→ Eat

8. taking part/ she prefers/in them/ watching sports, /Mai doesn't like/ ./

→ Mai doesn't like ,