**GRADE 7 - WEEK : 23RD - PERIOD : 67 -68 – 69 - TEACHER : HOANG DIEP**

**UNIT 11:KEEP FIT, STAY HEALTHY**

**A.VOCABULARY:**

1. check-up (n): khámtổngthể
2. medicine (n): thuốc 🡪medical (adj): y học, y khoa
* medical check-up (n): khámsứckhỏetổngthể
1. record (n): hồsơ
* medical record (n): hồsơbệnhlí
1. fill in/out (v): điềnvào
2. follow (v): đitheo
3. temperature (n): sốt, nhiệtđộ
* run/have a temperature (v): bị sốt = fever
* take one's temperature (v): đo nhiệt độ
1. normal (adj): bìnhthường
2. high (adj) cao 🡪 height (n): chiềucao, đỉnhcao
3. measure (v): đo 🡪 measure height : do chieucao
4. weigh (v) 🡪 weight (n): cân, cânnặng 🡪 heavy (adj): nặng
5. scale (n): tỉlệ, cân 🡪 get on scale: bướclêncân
6. form (n): mẫuđơn
* medical form (n): đơn/ giấykhámsứckhỏe
1. cold (n): cảmlạnh 🡪common cold (n): cảmlạnhthôngthường
2. flu (n): bệnhcúm
3. stomach (n): dạdày 🡪stomachache (n): đaudạdày
4. head (n): cáiđầu 🡪headache (n): nhứcđầu
5. sick (adj) bi benh 🡪 sickness (n) = illness (n): ốm, bệnh
* sick note (n): giấyxinphépnghỉốm
1. (be) absent ( from ): vắng
2. disease (n): cănbệnh
3. catch (v)mắc/ nhiễm ( bệnh) 🡪 catch a cold: bịcảmlạnh
4. symptom (n): triệuchứng
5. runny nose (n): xổmũi
6. slight fever (n): sốtnhẹ
7. cough (v) 🡪 coughing (n): ho
8. Sneez (v) 🡪sneezing (n): hắtxì
9. please (v): vui, hàilòng 🡪 pleasant (adj): dễchịu ≠ unpleasant (adj): khóchịu
10. cure (n, v ): cáchchữa (bệnh) 🡪cure a cold (v): chữabệnhcảmlạnh
11. relieve (v): làmnhẹbớt 🡪 relieve the symptoms: làmgiảmcáctriệuchứng
12. last (v): kéodài
13. prevent (v): ngănngừa

 31. appear (v): xuấthiện 🡪 disappear (v): biếnmất

**B. GRAMMAR:**

**1/ Review past simple tense**

Hoc thuocva copy dong tu bat quytac :

* Be - was / were
* Give – gave
* Have – had
* Keep – kept
* Leave – left
* Take – took
* Know – knew
* See – saw
* Come – came
* Wear – wore
* Drink – drank
* Eat – ate
* Tell – told
* Forget – forgot
* Sit – sat
* Stand – stood
* Get – got

**2/ Hỏithămsứckhỏecủaaiđókhithấyhọcóbiểuhiệnmệtmỏi:**

Ex: - What was wrong with you?

* + - What’s the matter with you?

**3/ NOTE:**

**a/ height (n) 🡨🡪 tall ( người), (adj)**

Ex: What is **your height**? 🡨🡪**How tall** are you?

 **🡨🡪high ( vật), (adj).**

Ex: What is **the height of** the wall? 🡨🡪**How high** is the wall?

**b/ Weight (n)🡨🡪 heavy (adj).**

Ex: What is **your weight?** 🡨🡪**How heavy** are you?

Ex : What is **the weight of** the box ? 🡨🡪**How heavy** is the box ?

**C/ EXERCISES:**

**I/ MULTIPLE CHOICE :**

1. If you eat too\_\_\_\_\_\_\_\_\_\_\_ candy, you’ll get a toothache.(many – much – a lot – lots of)
2. You should make an\_\_\_\_ with your doctor before you go to see him.(appointment – meeting – date- note)
3. The dentist \_\_\_\_\_\_\_\_\_\_\_\_\_ a cavity in his tooth. (did – filled – made - took)
4. He gets up early in the morning to\_\_\_\_\_\_\_\_\_\_\_\_ exercises.(play – make – do - get)
5. Clean teeth are\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_teeth. (pretty – beautiful – healthy - health)
6. Your \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_is 37C. (temperature – measure – heating – checking)
7. They fill in their medical\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_. (temperature / records / check-up / weight)
8. The students are having a \_\_\_\_\_\_\_\_\_\_\_\_\_check-up. ( medicine – medically – medical- medic)
9. How \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_is Lan ? \_She is 36kilos. (high – height – heavy – weight )
10. The medicines \_\_\_\_\_\_\_\_the pain in my chest. (prevented – relieved – protected – measured)
11. How \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ are you ?- 1,56 meter. (high – tall – heavy – wide)
12. Every year, millions of people catch the \_\_\_\_\_\_\_\_\_\_. ( head – common cold – stomach - sick)
13. Peoplle feel \_\_\_\_\_\_\_\_\_\_\_when they catch the cold . (pleasant – pleased – unpleased – happy)
14. The medicine can relieve the \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_. (symtoms – the fever – the temperature)
15. Her \_\_\_\_\_\_\_\_\_\_\_is one meter 50 centimeters. (tallness – height – tall – high)
16. H e got a \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ from the doctor . (paper – note – measure – pain)
17. The common cold is a common \_\_\_\_\_\_\_\_\_\_\_\_\_\_. (sickness – disease – pain – would)
18. He worked in the hot sun yeaterday. Now , he \_\_\_\_\_\_\_\_\_ a cold.(takes – makes – catches – keeps)
19. It is not easy to \_\_\_\_\_\_\_\_\_\_\_the height of a baby. (take – decide – measure – cure )
20. This medicine will help \_\_\_\_\_\_\_\_\_\_\_\_your pain . (cure – disappear – relieve – take off)
21. The nurse \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_their temperature. (takes – gives – measures – makes)
22. I need to weigh you . Would you get on the \_\_\_\_\_\_\_\_\_\_\_\_, please? (table – bench – scales – chair)
23. Stand straight please . The nurse wants \_\_\_\_\_\_\_\_\_your height.(measure – measuring – to measure)
24. Coughing and sneezing are \_\_\_\_\_\_\_\_\_\_\_\_\_of a cold. (measures – signs – signals – symptoms )
25. Where can I get medicines for a cold ? – At the \_\_\_\_\_.(bookstore – supermarket – drugstore- police station)
26. These medicines don’t really \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ a cold . (kill – get out – give up – cure)
27. The cold will last for a few days , then your cold will \_\_\_\_\_\_\_after a few days.(appear – disappear- happen - go)
28. When you have a \_\_\_\_\_\_\_\_\_\_\_\_\_, your temperature is high. (fever – pain – sneeze – cough)
29. I have a pain in my head. I have a \_\_\_\_\_\_\_\_\_\_\_\_. (stomachache – backache – earache – headache)
30. Long was absent \_\_\_\_\_\_\_\_\_\_\_\_\_\_class yesterday. (of – from –away – off)
31. They are waiting \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ the doctor. (at – for – in – after)
32. Is there a cure \_\_\_\_\_\_\_\_\_\_the common cold? (with – of – for – to )
33. Lan didn’t go to school yesterday . What was wrong \_ \_\_\_\_her?(with – about – of – for)
34. The students fills \_\_\_\_\_\_\_\_\_\_their medical records and gave them to the nurse. (on – at – in – off)
35. You \_\_\_\_\_\_\_\_\_\_\_\_ stay insisde at recess. It’s cold outside.(ought – have – should – would)
36. He finishes filling my cavity in \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ than 10 minutes.(less – little – fewer)
37. It’s easy to keep\_\_\_\_\_\_\_ touch with my friends because now we have the Internet.(in- on-to-for)
38. Why \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ you absent from school yesterday? (be – was – were – are )
39. My father \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ me to the zoo last week. (take- took – taken - takes)
40. Last Sunday , Mai’s sister \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_a new skirt for her. (make – made – makes – will make)

**II. WORD FORM :**

1. Mrs. Nga is having a \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_check-up. (medicine)
2. We need to know your \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_, Lan. (weigh)
3. Nam has a toothache. It’s very\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_. (pain)
4. Catching the common cold is \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_for everybody. (pleasant)
5. Don’t worry ! Your cold will last for a few days and then \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_. (appear)
6. What is the \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ of this tower? (high)
7. You should stay\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_. (health)
8. I have an \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_with my doctor at 5p.m. (appoint)
9. She is a \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ person. (help)

10. Clean teeth are \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ teeth. (health)

11. I am \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_when I see to the dentist (scare)

**III/ VERB FORM:**

* 1. Next month , I \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_a teacher. (be)
	2. Would you like \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_our grandarents tomorrow? (meet)
	3. My friend \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_to her parents tomorrow (write)
	4. We \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_HCM city last month. (visit )
	5. Tomorrow , they \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_HaLong Bay. (visit)
	6. How about \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Dalat ? (visit)
	7. The nurse told us \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ to the waiting room. ( return)
	8. We \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_you a postcard next week. (send)
	9. I am glad \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_you’re feeling better. (hear)
	10. You should \_\_\_\_\_\_\_\_\_\_\_\_\_\_a little salt to the spinach when you boil it. (add)

**IV.READING ;**

**1/** Yesterday, Hoa had a (1)\_\_\_\_\_ check-up. She filled in the medical form and waitedfor the (2)\_\_\_\_\_\_ room. After a few minutes, the nurse (3)\_\_\_\_\_\_ Hoa’s name and took Hoa (4)\_\_\_\_\_\_\_\_ the doctor’s office. The doctor asked Hoa a few questions. Then she weighed Hoa and measured her(5) \_\_\_\_\_\_\_\_. After that, she took Hoa’s (6) \_\_\_\_\_\_\_\_\_. Everything is normal. Finally Hoa left the office and felt very happy

1. a. medical b. medicine c. drug d. doctor
2. a. dinner b. bathroom c. surgery d. waiting
3. a. called b. spoke c. said d. told
4. a. at b. to c. for d. with
5. a. high b. weight c. height d. heavy
6. a. height b. temperature c. tall d. hot

**2/**Every body knows the (1)\_\_\_\_\_\_\_\_ of the common cold : a (2)\_\_\_\_\_\_\_\_ nose , a slight fever , (3)\_\_\_\_\_\_\_ and sneezing. It is very unpleasant , but (4)\_\_\_\_\_\_\_\_\_ knows a cure. At the drugstore, there are usually shelves (5)\_\_\_\_\_\_\_\_\_ cold “cures”. These medicines (6)\_\_\_\_\_\_\_\_\_ cure a cold, but they do relieve the symptoms.

1. a. symptoms b. symptom c. disease d. ill

2. a. running b. runy c. runny d. run

3. a. cough b. coughing c. cold d. hot

4. a. everybody b. nobody c. anybody d. something

5. a. to b. for c. from d. with

6. a. will b. don’t c. can d. isn’t

**V/ TRANSFORMATION:**

1. How heavy is the box?

🡪What\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_?

1. What is the length of the table?

🡪 How \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_?

1. How high is the window?

🡪 What \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_?

1. What is the weight of the machine?

🡪How\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_?

1. How high is the door ?

🡪What\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_?

1. How old is your grandfather?

🡪What is \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_?

1. How high is the Big Ben Clock Tower?

🡪What is \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_?

1. What is your son's weight?

🡪How \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_?

1. Don’t stay up late at night.

🡪Remember not \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.

1. Remember to have a medical check up every year.

🡪Don’t \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.

1. Don’t forget to brush your teeth after meals.

🡪Remember \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.

1. Don’t forget to learn the lesson carefully.

🡪Remember \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

1. Remember to wash your hand before meals.

🡪Don’t\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

1. Don’t forget to brush your teeth after meals

🡪Remember\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

1. Remember to write a letter to me.

🡪Don’t \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

1. She takes care of the children .

🡪She looks \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

1. I look after my younger sister .

🡪I take\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

1. He takes care of his sick grandfather.

🡪He looks\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

1. We look after the street children

🡪We take\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**GRADE 7 - WEEK : 24th - PERIOD : 70 -71 – 72 - TEACHER : PHAM T. LY
UNIT 12: LET’S EAT!**

**I.VOCABULARY:**

**A. WHAT SHALL WE EAT ?**

1/ stall (n) : quầy

→ meat stall (n) : quầythịt

→ vegetable stall (n) : quầyrau

→ fruit stall (n) : quầytráicây

2/ select (v) : chọn

→ selection ] (n) : sựlựachọn

→ good selection (n) : nhiềusựlựachọn

3/ pork (n) : thịtheo

4/ beef (n) : thịtbò

5/ display (n) : sựtrưngbày

→ on display (prep) : đượctrưngbày

6/ spinach (n) : raucảibóxôi

7/ cucumber (n) : dưaleo

8/ papaya (n) : đuđủ

9/ pineapple (n) : dứa, thơm

10/ ripe (adj) : chín

11/ durian (n) : sầuriêng

12/ slice (n) : miếng/látmỏng

13/ strip (n) : sợidâydài, látdài

14/ pepper (n) : tiêu

15/ onion (n) : hành

16/ heat (v) : hâm, đunnóng → hot (adj): nóng

17/ pan (n) : cáichảo

18/ stir (v) : khuẩy

19/ fry (v) : chiên

20/ stir–fry (v) : xào → stir- fried ( V2)

21/ vegetable oil (n) : dầuthựcvật

22/ cook (v) : nấu

23/ boil (v) : luộc, sôi

24/ add (v) : thêm

25/ soya (n) : đậunành

26/ taste (n) : vị

27/ lay/ set the table (v): đặtbàn

28/ plate (n) : dĩaăn

29/ dish (n) : đĩađựngđồăn

30/ chopsticks (n) : đũa

31/ diet (n) : chếđộănuống

→ balanced diet (n) : chếđộănuốngcânđối

32/ balanced meal (n) : bữaănbổdưỡng

33/ steam (v) : hấp, xôi

34/ treat (n) : mónưathích

35/ recipe (n) : côngthứcnấuăn

**B/ OUR FOOD:**

1/ dirt (n) : bụi, vếtdơ

→ dirty (adj) : cóbụi, dơ

2/ affect (v) : ảnhhưởng

4/ stomach (n) : bụng, dạdày

→stomachade (n) : đaubụng

5/ for example (exp) : chẳnghạn, vídụ

6/ terrible(adj) : khủngkhiếp,

**II/ GRAMMAR:**

**1/ Cáchdùng“ so, too, either, neither, nor ”: cũngvậy**

|  |
| --- |
| ***a/ so, too: dùngtrongcâukhẳngđịnh, “ too” đứngcuốicâu, “ so” đứngđầucâu, đảongữ*****Ex**: - I’d like some peas. I’d like some carrots, too.* + - A: I like spinach. B: So do I
 |
| ***b/ either, neither: dùngtrongcâuphủđịnh, “ either” đứngcuốicâu, “ neither” đứngđầucâu, đảongữ*****Ex**: - I don’t like carrots. I don’t like peas, either.* + - A: I don’t like papayas. B: Neither/ Nor do I.
 |

**Form:**

|  |  |
| --- | --- |
|  **am/ is/ are/ was/ were** **So + Do/ does/ did + S**  **Will/ can/ should/ must** |  **Am/ is/ are/ was/ were** **S+ Do/ does/ did , too** **Will/ can/ should/ must** |

|  |  |
| --- | --- |
|  **Am/ is/ are/ was/ were****Neither/ Nor + do/ does/ did + S** **Will/ can/ should/ must** |  **Am/ is/ are/ was/ were****S + do/ does/ did + not, either** **Will/ can/ should/ must** |

**S + trợđộngtừ + not + V + ... . S + trợđộngtừ + not, either.**

- He **can't** speak Chinese . I **can't**, either

- They **won't** go to the meeting. We **won't**, either.

- My brother **doesn't** like coffee. I **don't,** either.

- He didn't have a holiday last year. We didn't, either.

2. Neither/Norđượcviết ở đầucâukèmtheođảongữ.

**S + trợđộngtừ + not + V + ... . Neither/Nor + trợđộngtừ + S**.

- My friend can't swim. Neither/Nor can I.

- He's not going to study French. Nor is his brother.

 - We don't like fat food. Nor do our friends.

- He didn't watch TV last night. Neither did I.

**2/ Từđịnhlượngbấtđịnh: a few, few, a little, little**

**a/ A few** (*vài*), **few** ( ít ): dùngvớidanhtừđếmđượcsốnhiều.

Ex: - Today we have a few math exercises.

 - There are a few good oranges in the basket.

 - He has few friends in the neighbourhood.

 - There are few eggs left in the fridge.

**b/ A little** (mộtít), **little** ( ít ): dùngvớidanhtừkhôngđếmđược

Ex: - Every morning, my father drinks a little milk.

 - Add a little sugar in my coffee, please.

 - His father earns little money.

 - You had better spend little time on games

**Chú ý:**

**\* Few**và**Little**cóthểdượcbổnghĩabởi**very**.

- He feels lonely because has very few friends.

 \* **A few**và**a little**cóthểđượcbổnghĩabởi**just** hay **only** (chỉ).

- There are only a few bananas left in the fridge.

- The teacher gives him just a little homework.

**\* Quite a few = many:**nhiều

- The boy eats quite a few sweets.

**\*A few và A little baohàmnghĩaxácđịnh. Tráilại Few vàLittlebaohàmnghĩphủđịnh.**

- Every day, he does a few exercises.

- There is a little milk in the can for the cake.

- He does few exercises so he can't understand the lesson well.

**3/ Cáchsửdụngkháccủa“ Must ”**

**Must** làđộngtừkhiếmkhuyết.Ngoàinghĩa "**phải**" (chỉsựbắtbuộc hay cầnthiết) thì **must** ở bàinàychỉ *sựsuyluận hay lờikếtluận*vàcónghĩa "**chắchẳn**".

- It ***must be*** something you ate.

Chắchẳnđólàmóngìemđãăn.

- There isn't his bike here. He ***must be*** at the office.

Khôngcóxeđạpanhấy ở đây. Chắchẳnanhấy ở vănphòng.

**Độngtừ“ Make ” Make + O + adj**

- Smoking much can make you ill.

- He wants to make his house beautiful.

 **Make + O + V (nguyênthểkhông TO)**

- Some medicines can make you feel better.

- The sad film made her cry.

**III/ EXERCISES:**

**A. Choose the word or phrase (A, B, C or D) that best fits the space in each sentence.**

1. Hoa isn’t a nurse and I am not, \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_. (either – neither – too - so)
2. They aren’t ripe and \_\_\_\_\_\_\_\_\_\_\_\_\_ are the bananas. (either - neither, do, does)
3. There is \_\_\_\_\_\_\_\_\_\_\_\_\_\_coffee in the jar. (a little – a few – many – more)
4. I can’t give you more tea. There is only \_\_\_\_\_\_in the pot. (a little – too much – a lot of – lots of)
5. Eat the food you enjoy, but don’t have \_\_\_\_\_\_\_\_\_. (a little – a lot of – too much – lots of)
6. He puts some more \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_into his cup of tea. (salt – sugar – onion – pepper)
7. They’re my \_\_\_\_\_\_\_\_\_\_\_\_\_ vegetables. (like - likes - favorite - want)
8. We need some peas and corn. Let’s go to the \_\_\_\_\_\_ stall. (vegetables – meat - fruit - drink)
9. They went to a vegetable \_\_\_\_\_\_\_\_\_\_\_\_\_to buy some carrots. (stall – house – table – office)
10. Are you \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_morning exercises now, hoa? (making – helping – taking – do)
11. This papaya isn’t green. It is \_\_\_\_\_\_\_\_\_\_\_\_ . (small – ripe - good - big)
12. I’m thirsty. Would you like some\_\_\_\_\_\_\_\_\_? (soup – biscuits - orange juice - bread)
13. You can't stay fit \_\_\_\_\_\_\_\_\_\_ any exercise . (without - to - at - of)
14. There is a wide selection of books \_\_\_\_\_\_\_ display. (at - on - for - in)
15. Milk is good \_\_\_\_\_ your health. (to - with -.for - at)
16. The\_\_in eating will help you stay fit and healthy. (selection – direction – definition – moderation)
17. The dirt from the farm can \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_you sick. (give – build – add – make)
18. We usually buy our fruit and vegetables ....the market? ( at - in - to - from)
19. Good health is one of .... in a person's life?( the best thing - the best things - best thing - best things)
20. I ate some spinach but Mom and Dad .... .( do - don't - did - didn't)
21. A: I didn't like the film. – B: ................. . ( We did, either - We didn't, too - Neither did we - . So did we)
22. Sugar isn’t an \_\_\_\_\_\_\_\_\_\_\_ food. We need sugar to live.( healthy - unhealthy - good - well
23. A balanced diet means you eat a variety of food without \_\_\_\_\_\_\_\_\_ too much anything. ( to eat - eat - eating - ate)
24. In \_\_\_\_\_\_\_\_\_ amount, sugar is good for your health.( a lot - much - many moderate)

**B. WORD FORM :**

1. Eat some body \_\_\_\_\_\_\_\_\_\_\_\_\_ foods, like meat and dairy products. (build)
2. There was a wide \_\_\_\_\_\_\_\_\_\_\_\_\_ of vegetables on display. (select)
3. Spinach and cucumbers are my \_\_\_\_\_\_\_\_\_\_\_\_\_\_ vegetable. (favor)
4. Everything in the room was extremely \_\_\_\_\_\_\_\_\_\_\_\_\_ (dirt)
5. Walking is good for health and \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ (fit)
6. Yesterday I had an awful \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_. ( stomach )
7. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ is very important. ( moderate )
8. Vegetables often have \_\_\_\_\_\_\_\_\_\_ from the farm on them. ( dirty )
9. In \_\_\_\_\_\_\_\_\_\_\_ amounts, sugar is good for your health. ( moderation )
10. We must remember to eat \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_. ( sensible )
11. We shouldn’t eat much \_\_\_\_\_\_\_\_\_\_\_\_\_ food and sugar. ( fat )
12. It’s important to have a \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ diet. ( balance )
13. You should eat a \_\_\_\_\_\_\_\_\_\_\_ of food every day. ( various )
14. These \_\_\_\_\_\_\_\_\_\_\_\_\_\_ help you eat in a good way. ( guide )

**C. VERB FORM:**

1. Yesterday morning. Hoa and her aunt (go)\_\_\_\_\_\_\_\_\_\_\_\_to the market.

2. I would like (buy)\_\_\_\_\_\_\_\_\_\_\_some oranges and bananas.

3. Vegetables often (have) \_\_\_\_\_\_\_\_\_\_\_\_\_dirt from the farm on them.

4. Be careful! The children (cross) \_\_\_\_\_\_\_\_\_\_\_ the street.

5. I (be) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ fourteen years old next week.

6. Let's (get) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ some spinach and cucumbers.

7. Alice (look) \_\_\_\_\_\_\_\_\_ for a new house .She (not like) \_\_\_\_\_\_\_\_\_\_\_ living in London.

8. When \_\_\_\_\_\_\_\_\_\_ you (buy) \_\_\_\_\_\_\_\_\_\_ this dress? – Two days ago.

9. What ( be) \_\_\_\_\_\_\_\_\_\_ there on TV last night?

10. My mother ( cook ) \_\_\_\_\_\_\_\_\_\_\_ dinner in the kitchen yesterday

**D. READING**

**1/** Yesterday, Hoa and her aunt went (1)\_\_\_\_\_\_\_\_\_\_\_\_ the market . They wanted to (2)\_\_\_\_\_\_\_\_\_\_some meat ,vegetables and fruit for their dinner. First , they went to the (3)\_\_\_\_\_\_\_\_\_\_\_\_\_ stall. There was a (4)\_\_\_\_\_\_\_\_\_\_selection of meat (5)\_\_\_\_\_\_\_\_\_\_\_\_\_\_the stall : chicken , pork and beef . Hoa doesn’t like pork and her aunt doesn’t, (6)\_\_\_\_\_\_\_\_\_\_

1. A.of B. to C. in D. on

2. A. buying B. buys C. buy D. bought

3. A.vegetable B. store C. meat D.fruit

4. A. much B. lots C. good D.best

5. A. on B. of C. off D.Without

6. A. too B. So C. either D.neither

**E. TRUE/FALSE**

Yesterday, Jim had to go to the doctor because of an awful stomach-ache. The doctor asked him some questions. He told her that he had fish, rice and soup for dinner. He also ate some spinach, but his parents didn’t. The doctor said that the spinach could make him sick. Vegetables often have dirt from the farm on ***them***. The dirt can make people sick. She said that he should wash vegetable carefully. And she gave Jim some medicine to make him feel better.

1. Jim went to the doctor yesterday because he felt sick \_\_\_\_\_\_\_\_\_
2. He had some fish, rice and soup for lunch \_\_\_\_\_\_\_\_\_
3. The doctor asked Jim some questions \_\_\_\_\_\_\_\_\_
4. She gave him some medicines to make him feel better \_\_\_\_\_\_\_\_\_
5. Jim ate some fish \_\_\_\_\_\_\_\_\_\_\_his parents.

A. so does B. so did C. neither did D. either

1. The word “***them***” in the paragraph mean \_\_\_\_\_\_\_\_\_\_\_.

A. dirts B. farms C. vegetables D. Jim’s parents

**F.TRANSFORMATION**

1. She and I are students. → She is a student and \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
2. Lan and Nam are doctors .→an is a doctor and \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
3. My father and mother will go to NhaTrang. →My father will do to NhaTrang and \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
4. His friends and he can swim. → He can swim and\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
5. Minh and I were good workers. → Minh was a good worker and\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
6. Mai and you are 12 years old. → You are 12 years old and\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
7. His mother and my mother like coffee. → His mother likes coffee and\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
8. She and I go to school on foot. ∞ She goes to school on foot and \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
9. Mr.Tam and Mr.Minh went to offce by car. → Mr. Tam went to office by car and \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
10. My sister and I eat some bread and milk for breakfast.

∞ My sister eats some bread and milk for breakfast and \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

1. Lan and I don’t like beer. → I don’t like beer and \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
2. She and you don’t watch cartoons.

∞ She doesn’t watch cartoons and \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

1. We and you didn’t go to club last Sunday.

∞ We didn’t go to club last Sunday \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

1. Nga and Hoa won’t play tennis tomorrow.

∞ Nga won’t play tennis tomorrow and \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

1. You and Minh don’t like pork.

→You don’t like pork and \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_