

## Unit 11. KEEP FIT, STAY HEALTHY

### - Giữ gìn cơ thể khỏe mạnh

## B. What Was Wrong With You – The common cold- Unit 11 trang 112 SGK Tiếng Anh 7

### I/ VOCABULARY:

- Bad cold ( n ) : bị cảm
- Headache ( n ) : đau đầu
- Sick note ( n ); giấy xin phép nghỉ ốm
- Stomachache ( n ) : đau bụng
- Semester ( n ) : học kì
- Absent ( adj ): vắng mặt
- Disease ( n ); bệnh tật
- Symptom ( n ) : triệu chứng
- Runny nose: sổ mũi
- Slight fever: sốt nhẹ
- Coughing: ho
- Sneeze : hắt hơi
- Cure ( n ): sự điều trị
- Relieve : làm dịu , làm giảm bớt
- Prevent: ngăn chặn, ngăn ngừa

CÁC EM GHI BÀI, TẬP ĐỌC VÀ HỌC THUỘC CÁC TỪ VỰNG:

### II/ STRUCTURE:

- What **was** wrong **with** you?  
I **had** a bad cold.
- **Did** your Mom **write** a sick note for you?  
No, she **didn't**.
- **How + Adj+ be + S ? ↔ What + be + Noun?**

Ex: How tall are you ? - I am 1 meter 45 centimeters tall / I am 145 centimeters tall.

=What is your height? – My height is 1 meter 45 centimeters.

Note : *high (for thing); tall ( for person)*

### III/ PAST SIMPLE TENSE:

**Simple past tense ( review)**

<b>Regular verbs</b>	<b>Irregular verbs</b>
<i>weigh – weighed</i>	<i>tell – told</i>
<i>call – called</i>	<i>take – took</i>
<i>measure – measured</i>	<i>keep – kept</i>
<i>fill – filled</i>	<i>leave – left</i>
<i>start – started</i>	<i>give – gave</i>
<i>stop – stopped</i>	

**IV/ B4- P. 112:**

- MỞ **YOU TUBE** ĐỂ NGHE GIẢNG BÀI

[https://youtu.be/th\\_d6VeicyQ](https://youtu.be/th_d6VeicyQ)

- CÁC EM XEM SGK TRANG 112

**B4. Read. Then answer the questions.**

(Đọc. Sau đó trả lời câu hỏi)

**The common cold**

There is only one disease called common: the common cold. We call it the common cold because every year millions of people catch it.

Everybody knows the symptoms: a runny nose, a slight fever, coughing and sneezing. It is very unpleasant, but nobody knows a cure.

At the drugstore, there are usually shelves with cold ‘cures’. These medicines don't cure a cold, but they do relieve the symptoms. Whatever you do, your cold will last for a few days and then disappear.

How can you help prevent a cold? Eat well, exercise and you will be fit and healthy.

**Questions.**

(Câu hỏi)

- Why do we call the cold 'common'?
- What are the symptoms of the common cold?
- Is there a cure for the common cold?
- Do cold cures work? What do they do?

e) How can you help prevent a cold?

**V/ HOMEWORK:**

- CÁC EM GHI CHÉP TẤT CẢ NỘI DUNG BÀI HỌC TRÊN VÀO VỞ SOẠN BÀI
- HỌC THUỘC CÁC TỪ VỰNG VÀ CẤU TRÚC NGỮ PHÁP TRÊN